



Phi Upsilon Omicron Newsletter

Spring 2023 Edition

From the desk of the Region Councilors

Your Region Councilor is here to help!

Contact your Region Councilor with questions or for assistance throughout the year.

Region Map: <https://phiu.org/active-chapters>

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The theme for 2022-2024 is “**Family: The Foundation & Legacy of FCS.**” Our president for 2022-2024 is Dr. Kyle L. Roberson and our president elect is Dr. Susan Miller.



Chapter Advisor Tips from your Region Councilors ~

Congratulations on making it through another year as the advisor for your chapter! Whether seasoned or new, service as an advisor is personally satisfying, yet it is another task to complete in our everyday lives as an educator. Your service to Phi U is recognized at the highest level and remember we are always here to answer a question, give a little advice or just to lend an ear. There are many challenges before us, so give yourself a well-deserved break this semester to recharge and come back ready to serve confidently.

Recently, we held an Advisor Coffee Break and shared ideas during a lively discussion. Actually, all of our coffee breaks are helpful to those who attend, and we always leave with new ideas. We have hosted daytime and evening sessions – we are flexible! Just drop an email to your Region Councilor and let us know a good time for YOU to meet with other chapter advisors!

Just in case you did not attend, Mary Gengler asked, “What are your Advisor Superpowers?” Perhaps some of these describe you? What **Advisor Superpowers** can you add to this list?

Engaging -each member is connected in some way.	Encourager -for students to achieve greater things.
Supportive -help new officers understand their office and purpose.	Kindness -recognize acts of kindness by members.
Wisdom -share your wisdom and advice often.	Magician -wave your magic wand! Each member becomes a leader for chapter ownership and success.
Connector -students recognize personal rewards when they serve others.	YOURS GO HERE!

Nearing the end of the school year...

Our Region Councilor team shared their best tips to successfully coast to the end of the school year. We hope these ideas will help you become more confident in your role as chapter advisor.

Tip #1 Create a calendar with tasks and deadlines posted so advisors and chapter officers can view it. Divide large projects, reports, etc. down into small sections so they can have their own deadlines so it is not a massive task at the end of the semester. *Diana Watson-Maile, National Advisor Councilor*

Tip #2 More on planning and calendars! Pencil in all the deliverables and due dates. Give yourself ample time for revisions. Most importantly, leave a little free time to have FUN! *Sarah Angne Alfaro, Region 1 Councilor*

Tip #3 Find ways to carve out 5 minutes for self-care each day. Use triage strategies—what can wait to be done even if it is late, what things can be temporarily patched up and what must get done now, or there will be dire consequences. Learn to roll with things and remember that **summer is coming!** *Amy Richards, Region 2 Councilor*

Tip #4 Many officer teams are elected each spring. Make sure each officer transitions with their replacement officer. Upload materials to Greek Track by position so records are permanently archived for future needs. *Martha Rew, Region 3 Councilor*

Tip #5 Divide and Conquer! This is a great time to ask another faculty member to serve as a co-advisor with you. Divide duties around specific interests and promote serving as an organization’s advisor is a plus for their resume. Then, follow up to make sure they engage with you and with the chapter. Ask your officers to bring them a simple welcome to Phi U gift! *Mary Gengler, Region 4 Councilor*

"If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader." *Dolly Parton, Musician*

Dates to Remember

- **May 1st – Professional Project Due!**
- **May 1st – Undergraduate Research Paper Award Due! (*Information coming soon!*)**
- **May 1st - Community Impact Grant Application Due!**
- **May 15th – Annual Reports Due! (*President, Treasurer and Publicity Chair*)**
- **Chapter Chat: Watch for Announcements!**

Reminders for graduating seniors to help them stay connected

*Remember to have graduating seniors update their address and email in Greek Track. Log on at <https://phiu.org/login.php>

**Share the letter to graduating seniors from the Alumni Councilor with alumni information including names/locations of alumni chapters nationwide, e-chapter, social media, and the next Conclave date/location, etc.

***Encourage graduating seniors to follow @phiunational on social media.

Getting on Track with Greek Track

If you haven't yet started using Greek Track, the following video will help walk you through the steps to setting up your account and using Greek Track to get things done. <https://youtu.be/DPmnDC8GIU>. If you experience any difficulties with finding things on Greek Track or to get it to do what you want it to do, please let us know. We are glad to help.

CALLING ALL ADVISORS!! Please review your membership roster in Greek Track! With the conversion to Greek Track and the COVID-19 pandemic, we find some chapters have not reported new initiate information to Greek Track. This means these new members are not in the national database and national dues were not submitted. Be sure newly elected officer contact information is also submitted for your chapter. This is a priority, so help us make sure every new Phi U member is in our database!

"The best way to find yourself is to lose yourself in the service of others." – *Mahatma Gandhi*

Phi Upsilon Omicron Chapter Spotlight

We want to **SPOTLIGHT** your chapter successes and tell the world about it! Any activity, project, or service your chapter has conducted can be recognized in the Phi U Chapter Spotlight. Your chapter will be featured on Phi U social media and the chapter will receive a recognition certificate for participation. Complete the submission jot form at <https://form.jotform.com/210106952599157>. **It only takes a few minutes to type a few sentences about something that your chapter has done into the jot form and to upload a photo. You have been doing good things, and we want to hear from you!**

Phi U Chapter Chats

If you haven't yet attended a Chapter Chat session, please consider doing so. These sessions are provided as a way for the national office to share information and provide "how to" information to chapter members and their advisors on topics such as scholarships, awards, and professional projects. Not only is valuable information shared, but an opportunity for questions is also provided.

If you missed attending, a recorded version is available to watch on the Phi U YouTube Channel @phiunational. Watch for upcoming episodes!

Advisor Coffee Breaks

These sessions are tailored to chapter advisors. We meet via Zoom 1-2 times a semester with time for advisors to share successes, ask questions, and share any concerns. This is a great time to get to know other advisors from across the US and to support one another in our work. **Let us know when your best time is to meet together!**

Newsletter submitted by, Martha Rew, Region 3 Councilor

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