

# *Phi Upsilon Omicron Collegiate Newsletter*

Spring 2023

Greetings, chapter presidents!

The **purposes** of Phi Upsilon Omicron are to:

1. Recognize and promote academic excellence.
2. Enhance qualities of leadership by providing opportunities for service; and
3. Encourage lifelong learning and commitment to advance family and consumer sciences and related area.



## *Professional Project*

Professional Projects are due May 1<sup>st</sup> by 11:59 EST to [national@phiu.org](mailto:national@phiu.org)!

The professional project provides chapters with the opportunity to develop and implement a project that exemplifies the purposes of Phi Upsilon Omicron. Specifically, a well-developed project recognizes and promotes academic excellence and enhances qualities of leadership by allowing chapter members to use the skills and knowledge they have gained as Family and Consumer Sciences majors to serve individuals, families, and/or the community. A true professional project also encourages lifelong learning and commitment to advance FCS by going beyond simply implementing a service project. Instead, it provides members with the opportunity to enhance their leadership skills and encourages commitment to the field by allowing them to employ their professional knowledge while serving others.

The National Winner receives a plaque and monetary award of \$300 for their Phi U Chapter! Other cash prizes ranging from \$100 – \$200 are presented to Second through Fourth Place National Winners. Phi U also recognizes Regional Winners with a Certificate of Merit and \$50 cash prize. The 2022-2024 National Theme is “FAMILY: THE FOUNDATION AND LEGACY OF FCS.”

# Thank you for joining us at Conclave 2022 in Columbus, OH!

Attending Conclave members spent time creating blankets as part of the National Phi U Professional Project, the Bed Brigade. Conclave is a great time for chapters from across the nation to come together to learn and grow as leading individuals. The next Conclave is in 2024 and will be held in Menomonie, WI. We hope to see you there!



Congratulations and welcome to all of Phi U's newest initiates!

Phi U provides its' members with meaningful leadership opportunities. We encourage you all to get involved in your chapter and take on a leadership role.

Pictured here are the advisors and newest members of the Beta Zeta Chapter at Texas Christian University. Go Frogs!!!

# Meet Your Collegiate Representatives!

## Region 1 – Brandon Walker



Gamma Omicron, Morgan State University

Major: Family and Consumer Sciences General

"Phi U has allowed me to reach my maximum potential and provided me with the opportunity to redeem myself as a scholar."

## Region 2 – Chris Roofe



Gamma Beta, University of Central Arkansas

Major: Family and Consumer Sciences

"Being a part of Phi U has given me multiple leadership opportunities as well as opportunities to expand my skills and abilities."

## Region 3 – Malia Palmerton



Beta Zeta, Texas Christian University

Major: Food Management

"Phi U has helped me to grow as an individual and leader. I am thankful for the many leadership opportunities, and I look forward to making a positive impact in my community."

## Region 4 – Kaela Armstrong



Beta Rho, Idaho State University

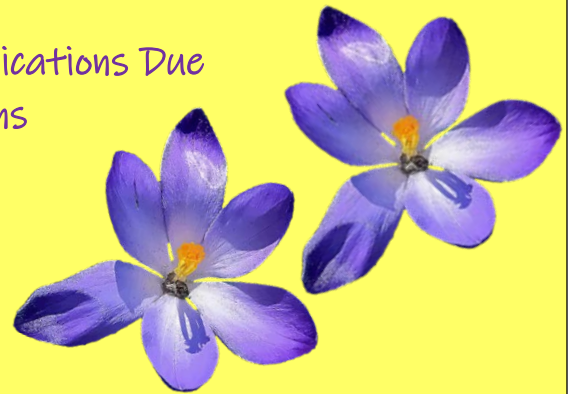
Major: Dietetics

"I really love what we do and look forward to making a positive impact on the lives of those in my community for years to come."

Are you interested in leading as a Collegiate Representative? Ask your chapter advisors for more information!

### Important Dates

- May 1<sup>st</sup>: Professional Project Reports Due
- May 1<sup>st</sup>: Undergraduate Research Award Applications Due
- May 1<sup>st</sup>: Community Impact Grant Applications Due
- May 15<sup>th</sup>: President's Annual Report Due
- May 15<sup>th</sup>: Treasurer's Annual Report Due
- May 15<sup>th</sup>: Publicity Chair Annual Report due



All forms can be found under the "Collegiate Chapter Officers" login on [phiu.org](http://phiu.org).

Malia Palmerton

National Collegiate Chair, Region 3 Representative

Brandon Walker | Region 1

Chris Roofe | Region 2

Kaela Armstrong | Region 4